



The Manager,
Department of Corporate Services,
BSE Limited
25th Floor, PJ Towers,
Dalal Street, Mumbai – 400 001

7th November, 2019

Sub: **Intimation of Board Meeting**
Ref: **Scrip Code – 531398**

Dear Sir/Madam,

Please take notice that the Meeting of Board of Directors of the Company will be held on **Thursday, 14th November, 2019**, at its Registered office at Bangalore to consider the following matters:

1. To consider and approve the Unaudited Financial Results of the Company for the Quarter and Half Year ended on 30th September, 2019 in accordance with Regulation 33 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.
2. To take on record the Statement of Investors Complaints for the quarter ended on 30th September, 2019.
3. To take note of the compliances under SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 for the quarter ended on 30th September, 2019.
4. Any other matter with permission of the Chair, as may be considered fit in accordance with Secretarial Standard-1.

In this connection, please be informed that as per the provisions of SEBI (Prohibition of Insider Trading) Regulations, 2015 read with Company's code of conduct for prevention of insider trading, the trading window for dealing in equity shares of the Company has been closed for all the Directors / Officers / Designated Employees of the Company from 1st October, 2019 as per the intimations given earlier and will open after 48 hours of the announcement and intimation of the Results by the Company to the Stock Exchange on 14th November, 2019.

Please arrange to take the same on record in accordance with the SEBI (Listing obligation and Disclosure Requirements) Regulations, 2015.

Thanking you,
Yours truly,

For Source Natural Foods and Herbal Supplements Limited


Sweta Gaur
Company Secretary

