



The Manager
Department of Corporate Services,
BSE Limited
25th Floor, PJ Tower,
Dalal Street, Mumbai - 400 001

29th July, 2016

Sub: Intimation of Board Meeting
Ref: Scrip Code - 531398

Dear Sir/Madam,

Notice is hereby given that the Meeting of Board of Directors of the Company will be held on Thursday the 11th August, 2016 to interalia consider and approve the unaudited financial results for the quarter ended June 30, 2016 and to consider and take on record the Limited Review Report to be issued by the Statutory Auditors of the Company for the same.

This is in compliance with Regulation 29(1) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

It is further informed that pursuant to the Company's Code of Conduct to regulate, monitor and report trading by Insiders framed in accordance with SEBI (Prohibition of Insider Trading) Regulations, 2015 and Section 195 of the Companies Act, 2013, the Trading Windows of the shares of the Company will remain closed from 29th July, 2016 to 14th August, 2016 (both days inclusive).

Please take the same on your records and do the needful.

Thanking You,
Yours Truly,
For Source Natural Foods and Herbal Supplements Limited,

Vijayendra R
Company Secretary

