



Source Natural Foods and Herbal Supplements Limited

Registered Office: 201, 11th Floor, Sumeru Towers,
#54/46, 39th A Cross, 11th Main Road,
Jayanagar 4th T Block, Bangalore - 560 041
Phone: +91(80) - 26087727 / 26 Fax: 080 - 22449505
Email: info@source-natural.com
Website: www.source-natural.com
CIN: L24231KA1995PLC101742

**The Manager,
Department of Corporate Services,
BSE Limited
25th Floor, PJ Towers,
Dalal Street, Mumbai - 400 001**

6th November, 2018

**Sub: Intimation of Board Meeting
Ref: Scrip Code - 531398**

Dear Sir/Madam,

Please take Notice that the next Meeting of the Board of Directors of the Company will be held on **Wednesday, the 14th November, 2018** to inter alia consider and approve the unaudited financial results and financial statements for the quarter and half year ended 30th September, 2018 and to consider and take on record the Limited Review Report to be issued by the Statutory Auditors of the Company for the same.

This is in compliance with Regulation 29(1) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

It is further informed that pursuant to the Company's Code of Conduct to regulate, monitor and report trading by Insiders framed in accordance with the SEBI (Prohibition of Insider Trading) Regulations, 2015 and Section 195 of the Companies Act, 2013, the Trading Window of the shares of the Company will remain closed from **08th November, 2018 to 16th November, 2018** (both days inclusive).

Please take the same on your records and do the needful.

Thanking You,
Yours Truly,

For Source Natural Foods and Herbal Supplements Limited

**Seshadri Ramaswamy
Chief Financial Officer**