

FORM No. MGT-9

EXTRACT OF ANNUAL RETURN
as on the financial year ended March 31, 2019

[Pursuant to Section 92(3) of the Companies Act, 2013 and rule 12(1) of the Companies
(Management and Administration) Rules, 2014]

1. REGISTRATION AND OTHER DETAILS:

i)	CIN	L24231KA1995PLC101742
ii)	Registration Date	2 nd January, 1995
iii)	Name of the Company	SOURCE NATURAL FOODS AND HERBAL SUPPLEMENTS LIMITED
iv)	Category/Sub-Category of the Company	Public Company Limited by Shares
v)	Address of the Registered office and contact details	201, II Floor, Sumeru Towers #54/46, 39 th A Cross, 11 th Main Road Jayanagar 4 th T Block, Bangalore- 560 041
vi)	Whether listed Company	Yes
vii)	Name, Address and Contact details of Registrar and Transfer Agent, if any	Venture Capital & Corporate Investment Private Limited 12-10-167, Bharatnagar Hyderabad- 500 018 Phone Number:040 23818475/76 040 23868023 Fax : 040 23868024 E mail : info@vccilindia.com Website : www.vccipl.com

II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

All the business activities contributing 10% or more of the total turnover of the Company shall be stated:

Sub-total (B)(1)	-								
2. Non-Institutions									
a) Bodies Corporate									
i) Indian (Domestic)	248807	1500	250307	3.89	256910	1500	258410	4.01	-0.12
ii) Overseas									
b) Individuals									
i) Individual shareholders holding nominal share capital up to Rs1 Lac	501414	28306	529720	8.23	483552	28176	511728	7.94	0.29
ii) Individual shareholders holding nominal share capital in excess of Rs.1 Lac	827920	-	827920	12.86	862634	-	862634	13.41	-0.54
c) Others									
-Trust	-	158	158	--	-	158	158	--	
- NRI (Repat)	11033	-	11033	0.17	9460	150	9610	0.14	0.03
- NRI (Non-Repat)	475	150	625	0.01	635	-	635	0.01	0
Clearing Member	30277	-	30277	0.47	6865	-	6865	0.12	0.36
Sub-total (B)(2)	1619926	30114	1650040	25.63	1620056	29984	1650040	25.63	NIL

Total Public Shareholding (B) = (B)(1) + (B)(2)	1619926	30114	1650040	25.63	1620056	29984	1650040	25.63	NIL
C. Shares held by Custodian for GDRs & ADRs									
Grand Total (A+B+C)	6404800	32131	6436931	100.0	6406947	29984	6436931	100.0	-

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ii) Shareholding of Promoters

Sr. No	Shareholder's Name	Shareholding at the beginning of the year (April 1, 2018)			Shareholding at the end of the year (March 31, 2019)			% Change in shareholding during the year
		No. of Shares	% of Total Shares of the Company	% of Shares Pledged/ Encumbered to total shares	No. of Shares	% of Total Shares of the Company	% of Shares Pledged/ Encumbered To total shares	
1	Sriveda Sattva Private Limited	4786891	74.37%	NA	4786891	74.37%	NA	NIL

iii) Change in Promoters' Shareholding (please specify, if there is no change)

There is no change in the shareholding of the Promoter.

iv) Share holding Pattern of top ten Shareholders (other than Directors, Promoters and Holders of GDRs and ADRs)

Sl. No.	Top Ten Shareholders	Shareholding at the beginning of the year (April 1, 2018)		Cumulative Shareholding at the end of the year (March 31, 2019)	
		No. of Shares	% of Total Shares of the Company	No. of Shares	% of Total Shares of the Company
1	IONIC HEALTHCARE PRIVATE LIMITED	204000	3.17	204000	3.17
2	MANMOHAN AGARWAL	199255	3.10	199255	3.10
3	MUKESH SURYAKANT PAREKH	88298	1.37	88298	1.37
4	SHAILESHKUMAR ISHWARLAL PATEL	49928	0.78	53440	0.83
5	KAILASHBEN ASHOKKUMAR PATEL	40000	0.62	45100	0.70
6	MADHU MANSHARAMANI	44394	0.69	44394	0.69
7	DHIRAJ O SACHDEV	7348	0.11	40403	0.63
8	DARSHAK SANMUKHRAI HATHI	26545	0.41	31035	0.48
9	VINOD KUMAR	28523	0.44	28523	0.44

10	ASHOK KUMAR AGARWAL	27739	0.43	27739	0.43
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v) Shareholding of Directors and Key Managerial Personnel:

Sr. No	For Each of the Directors and KMP	Shareholding at the beginning of the year (April 1, 2018)		Cumulative Shareholding at the end of the year (March 31, 2019)	
		No. of Shares	% of Total Shares of the Company	No. of Shares	% of Total Shares of the Company
1	Mr. Srinivas Gowra	7252	0.11	6952	0.11
2	Mr. C L Rathi	955	0.01	955	0.01
3	Mr. Sriram Chandrasekaran	2	-	2	-
4	Mrs. Bharathy	2	-	2	-
5	Mr. Tejagna Kashmira Katpitia	12,025	0.18	12,025	0.18
6	Mr. Narayanan Narasimhan	-	-	-	-
7	Mr. Arvind Varchaswi N	-	-	-	-
8	Mr. R. Seshadri CFO	-	-	-	-
9	Mrs. Sweta Joshi - CS				

Date wise increase/decrease in shareholding during the year specifying the reasons for increase/decrease (e.g. allotment/transfer/bonus/sweat equity etc.)

VI. Indebtedness

Indebtedness of the Company including interest outstanding/accrued but not due for payment

Rs

Particulars	Secured Loans	Unsecured Loans	Deposits	Total Indebtedness
Indebtedness at the beginning of the financial year				
i) Principal Amount	2516341.58	0.00	0.00	2516341.58
ii) Interest due but not paid	0.00	0.00	0.00	0.00
iii) Interest accrued but not due	0.00	0.00	0.00	0.00
Total (I + ii + iii)	2516341.58	0.00	0.00	2516341.58
Change in Indebtedness during the financial year				
• Addition	0.00	0.00	0.00	0.00
• Reduction	867827.58	0.00	0.00	867827.58
Net Change	(867827.58)	0.00	0.00	(867827.58)
Indebtedness at the end of the financial year				
i) Principal Amount	1648514.00	0.00	0.00	1648514.00
ii) Interest due but not paid	0.00	0.00	0.00	0.00
iii) Interest accrued but not due	0.00	0.00	0.00	0.00
Total (i+ii+iii)	1648514.00	0.00	0.00	1648514.00

VII. Remuneration of Directors and Key Managerial Personnel.

(Rs Lacs)

A Remuneration to Managing Directors, Whole Time Directors and Manager			
Sr. No	Particulars of Remuneration	Name of MD/WTD/Manager	Total Amount (Rs Lacs)
		Mr. Arvind Varchaswi N Managing Director	
1	1. Gross Salary (a) Salary as per provisions contained in Section 17(1) of the Income-tax Act, 1961	12.00	12.00
	(b) Value of perquisites u/s 17(2) of the Income-tax Act, 1961.		
	(c) Profits in lieu of salary under Section 17(3) of the Income-tax Act, 1961	--	
2.	Stock Option	--	
3	Sweat Equity	--	
4.	Commission - As % of Profit - Others, specify Executive Incentive Compensation Plan/Bonus	--	
5	Others, please specify: Employer contribution to Provident Fund	0.22	0.22

	Total (A)	12.22	12.22
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	Ceiling as per the Act	5% of the Net Profits of the Company	
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(Rs Lacs)

B. Remuneration to other Directors			
Sr. No	Particulars of Remuneration	Name of Director	Total Amount (Rs Lacs)
1	Independent Directors	NIL	NA
	Fee for attending Board & Committee meetings		
	Commission		
	Others, please specify		
	Total (1)		
2	Other Non-executive Directors	NIL	NA
	Fee for attending Board & Committee meetings		
	Commission		
	Others, please specify		
	Total (2)		

	Total (B) = (1+2)	NA	NA
	Total Managerial Remuneration		
	Overall Ceiling as per the Act	: 1% of the Net Profits of the Company	

(Rs Lacs)

C Remuneration to Key managerial personnel, other than mentioned above				
Sr. No	Particulars of Remuneration	Company Secretary (Rs Lacs)	Chief Financial Officer (Rs. Lacs)	Total Amount (Rs Lacs)
1	1. Gross Salary (a) Salary as per provisions contained in Section 17(1) of the Income-tax Act, 1961	4.36	24.60	28.96
	(b) Value of perquisites u/s 17(2) of the Income-tax Act, 1961			
	(c) Profits in lieu of salary under Section 17(3) of the Income-tax Act, 1961			
2.	Stock Option			
3	Sweat Equity			
4.	Commission - As % of Profit - Others, specify Executive Incentive Compensation			

	Plan/Bonus			
5	Others, please specify: Employer contribution to Provident Fund	0.22	0.00	0.22
	Total (A)	4.58	24.60	29.18

VIII. Penalties/ Punishment/Compounding of offences: NIL

Place: Bangalore

For and On Behalf of the Board

Date: 05.08.2019

(Arvind Varchaswi N.)
Director
DIN: 00143713

(Tejagna K Katpita)
Executive Director
DIN:00445283

Managing

